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Quebec and Atlantic Canada LTL Service Schedule

Shipments Originating in Toronto, ON and Surrounding Area	DESTINATION								
	Quebec		New Brunswick		PEI	Nova Scotia		NFLD / Labrador	
	Montreal	Quebec City	Saint John	Moncton	Charlottetown	Halifax	Sydney	Cornerbrook	St. John's
DEPARTURE DAY	SCHEDULED DELIVERY DAY								
Monday	Tuesday	Tuesday	Wednesday	Wednesday	Wednesday	Wednesday	Thursday	Monday	Monday
Tuesday	Wednesday	Wednesday	Thursday	Thursday	Thursday	Thursday	Friday	Monday	Monday
Wednesday	Thursday	Thursday	Monday	Monday	Monday	Friday	Monday	Tuesday	Tuesday
Thursday	Friday	Monday	Monday	Monday	Monday	Monday	Monday	Wednesday	Wednesday
Friday	Monday	Monday	Monday	Monday	Monday	Monday	Monday	Wednesday	Wednesday